

UNIVERSITY OF COLOMBO

FACULTY OF EDUCATION

BACHELOR OF EDUCATION EXAMINATION (PART III) - SEMESTER I – 2017/2018

SC 408 – School Counselling

THREE (03) HOURS

Answer all the Questions in Part I and any four questions in Part II.

Part I

1. Briefly explain “Guidance”.
2. What is ‘Parsonian Model’ ?
3. Name four major areas in Counselling
4. Define ‘Phobia’ and write two examples.
5. According to the existential theory in Counselling, person lives in three worlds, Name them.
6. Write ABC formula forwarded by Albert Ellis.
7. State two methods of intervention according to the model proposed by Morril, Oetting and Hurst.
8. State four factors of questioning, to be considered in a counselling session.
9. Write two reasons that importance of ‘Paraphrasing’, in counselling.
10. Write four factors to be considered in establishing a school counselling center.

(2x10 = 20 Marks)

Part II

1.
 - I. Define Counselling and explain the differences between Counselling and advice.

(10 Marks)
 - II. Criticize advantages and disadvantages of traditional healing method.

(10 Marks)

2.
 - I. Explain the need of Counselling to the students in schools, using examples from two areas of Counselling.

(10 Marks)
 - II. As a professional teacher, how you can apply the 'code of ethics' in Counselling towards a successful teaching learning process.

(10 Marks)

3.
 - I. Examine how an American Counselling service has an influence on the development of Counselling service by highlighting examples of five decades.

(10 Marks)
 - II. Giving five examples, explain the importance of personality characteristics of the Counsellor to be the session success.

(10 Marks)

4.
 - I. Name ABCDEF according to Rational Emotive theory and describe the relationship among ABC using an example.

(10 Marks)
 - II. Explain with examples, two methods of record keeping after observing a mal-adjusted student behaviour.

(10 Marks)

5. I. Explain how a student encounters a problem according to psychoanalytic theory.

(10 Marks)

II. Explain with examples, how you can apply 'unconditional positive regards' and 'Empathy' in Roger's theory to the teaching learning process.

(10 Marks)

6. I. Name attending skills in Counselling and explain with examples how they could be useful to a successful counselling Process.

(10 Marks)

II. Define 'Empathy' and explain with examples the main ways to give empathetic response.

(10 Marks)

