

UNIVERSITY OF COLOMBO, SRI LANKA

Faculty of Education

Bachelor of Education (Part III)
First Semester Examination 2015

SC 408- School Counseling

Time – Three hours

Answer All Questions in Part 1

Answer any four Questions of Part II

Part 1

- (1) i. Define 'Guidance'.
- ii. What is meant by 'individual/self analysis' according to Parsonian model?
- iii. Indicate four traditional counseling techniques.
- iv. Indicate four characteristics of a student who is having examination related psychological stress.
- v. Explain what is referred to as a phobia.
- vi. Give two examples for two types of questions that can be asked by a school counselor during a school counseling session.
- vii. What is meant by the sociometric graph in the sociometric analysis ?
- viii. Give two reasons to show the importance of follow-up sessions in counseling .
- ix. Name the aspects A, B, C, D, E,F in the formula forwarded by Albert Ellis.
- x. List four aspects to be considered in starting a school counseling centre.

(Marks 2x10 = 20)

Part 11

- (1) i. Explain 'counseling' in relation to a selected definition. (6 marks)
- ii. List six landmarks in the history of development of counseling in Sri Lanka. (6 marks)
- iii. ' The school in the present time is in need of a counseling service' Explain this statement giving examples. (8 marks)

- (2) i. Indicate five counseling ethics and explain two of these ethics. (10 marks)
- ii. Explain giving examples why a school counselor should follow counseling ethics. (10 marks)
- (3) i. Briefly explain four areas of counseling. (8 marks)
- ii. 'The school counselor should have a good knowledge of counseling, suitable attitudes and skills as a counselor'. Explain this statement considering personality characteristics of a counselor. (12 marks)
- (4) i. Explain in brief how anecdotal records and quantitative rating scales can be used to record observational data. (10 marks)
- ii. Explain how attending skills in counseling is helpful to develop the relationship between the counselor and the client. (10 marks)
- (5) i. Explain the importance of the understanding of either Eli Ginzberg's theory or Ann Roe's theory of vocational counseling to a counselor. (12 marks)
- ii. Explain the objectives of counseling using Morill, Oetting and Hurst's model. (8 marks)
- (6) i. Explain the importance of having a good understanding of counseling theories to a school counselor. (8 marks)
- ii. Explain how a person encounters a problem using either the Psychoanalytic theory or the Perceptual Phenomenological theory. (12 marks)