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**UNIVERSITY OF COLOMBO, SRI LANKA  
FACULTY OF NURSING**

**LEVEL TWO OF SECOND SEMESTER IN NURSING – 2016/2017(Proper)**

**FN 2506 – WOMEN’S HEALTH NURSING I**

**(03 Hours)**

**Answer all questions**

**(This question paper consists of 30 Multiple Choice Questions, four (04) Structured Essay Questions and 08 pages)**

**Important Instructions to Candidates**

- If a page or a part of this question paper is not printed, please inform the supervisor immediately.
- Enter Your Index Number on all pages of the answer script.
- MCQ TYPE: In each of these multiple choice questions, mark the correct/best response with a “X” in the separate answer sheet provided
- STRUCTURED ESSAY TYPE: Write the answers to these questions on the papers provided by the university
- Under no circumstances may this question paper or part of this question paper, used or unused, be removed from the examination hall by a candidate
- Electronic devices capable of storing and retrieving text, including electronic dictionaries and mobile phones are not allowed.

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Part I	
Part II	
01	
02	
03	
04	
Total	



**Part II – Structured Essay Questions**

**Time : 02 Hours**

**Answer all questions.**

1. Normal birth is defined as "spontaneous in onset, low-risk at the start of labor and remaining throughout labor and delivery without any complications to both mother and neonate"
    - 1.1 Define the stages of normal labor? (30 marks)
    - 1.2 List five (05) indications of performing vaginal examination for a mother in labor (15 marks)
    - 1.3 State three (03) nursing diagnoses for a normal newborn in the post-natal ward (15 marks)
    - 1.4 Outline six (06) nursing interventions of a newborn within 48 hours of birth (30 marks)
    - 1.5 List five (05) high risk neonates after the delivery to make more attention (10 marks)
  2. Postnatal period begins immediately after childbirth as the mother's body, including hormone levels and uterus size, returns to a non-pregnant state
    - 2.1 State five (05) important examinations to be done for a mother after a childbirth in a post-natal ward (15 marks)
    - 2.2 List five (05) possible complications that you would expect from a mother during puerperium (15 marks)
    - 2.3 List five (05) causes for Post-Partum Hemorrhage (PPH) (20 marks)
    - 2.4 Briefly describe the nursing management of a mother with PPH at the post-natal ward (30 marks)
    - 2.5 Outline five (05) important facts that need to be considered when discharging the mother and baby from the post-natal ward (20 marks)
  3. Complications of pregnancy are health problems that occurs during pregnancy.
    - 3.1 State five (05) signs and symptoms which differentiate hyperemesis gravidarum and morning sickness (20 marks)
    - 3.2 List four (04) nursing diagnoses for a mother with 'anemia complicated pregnancy' (20 marks)
    - 3.3 Outline four (04) nursing management of gestational diabetes during ante-natal and post-natal period (30 marks)
    - 3.4 Briefly describe the maternal and fetal complications of gestational diabetes (30 marks)
- (PTO)**

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4. The World Health Organization has issued a new series of recommendations to improve quality of antenatal care to reduce the risk of and pregnancy incorporate to have healthy baby and best parenthood.

4.1 List three (03) important tasks to be fulfilled during the booking visit (15 marks)

4.2 If you plan to do a parent crafting education session at ante-natal clinic, state five (05) important topics that you would select to address the parents (20 marks)

4.3 State five (05) important questions that you would ask from a mother regarding past obstetric history (25 marks)

4.4 Outline two (02) nursing care for following each minor ailment occurs in pregnancy period (40 marks)

a) Nausea and vomiting

b) Heart burn

c) Leg cramps

d) Insomnia