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| Index no. | | | | | | | |



UNIVERSITY OF COLOMBO, SRI LANKA

FACULTY OF NURSING FIRST YEAR EXAMINATION IN NURSING – SEMESTER I- 2017/2018

FN 1420 Fundamentals of Nursing 1

(Three (02) Hours)

Answer all the questions

(This question paper consists 04 questions and 03 pages)

Important Instructions to Candidates

If a page or a part of this question paper is not printed, please inform the supervisor immediately.

Enter Your Index Number on all pages of the answer script.

In each of multiple- choice questions mark the correct responses with a "x" on the separate sheet provided.

Structured Essay Type: Write the answers to these questions in the papers provided.

Under no circumstances may this question paper or part of this question paper, used or unused, be removed from the examination hall by a candidate Electronic devices capable of storing and retrieving text, including electronic dictionaries and mobile phones are not allowed.

| Question Number | Marks |
|--------------------|-------|
| 1 | |
| 2 | |
| 3 | |
| 4 | |
| Total | |

Structured Essay Questions Question No: 03

A seventy- year (70) old male patient was admitted to the ward with complaints of abdominal pain and nausea. Further, the patient said that he had mild abdominal discomfort and watery diarrhea with little dark stools and urine. On examination, the doctor identified that the patient has right side abdominal tenderness and an enlarged liver. The doctor also noticed that patient's skin and conjunctiva are yellowish color. The doctor instructed the nurse to keep the patient on bed rest and start 5% Dextrose intravenous drip (2400 ml/24 h) and oral lactulose 15 ml daily.

| 3.1 State the steps in the nursing process. | (05 Marks) |
|--|------------------|
| 3.2 List five (05) subjective data for this patient. | (05 Marks) |
| 3.3 List five (05) objective data for this patient. | (05 Marks) |
| 3.4 Outline five (05) nursing diagnoses for the patient in the above scenario. | |
| | (10 Marks) |
| 3.5 Develop a nursing care plan for this patient. | (25 Marks) |
| | (Total 50 Marks) |

Question No: 04

A forty-year (40) old female patient was admitted to the medical ward with complaints of chronic cough and dysuria. The patient has an indwelling urinary catheter. Doctor ordered to send 'sputum sample for AFB' (Acid Fast Bacillus) and urine for 'culture and ABST'(Antibiotic Sensitivity Test).

4.1 State five (05) nursing responsibilities, before, during, and after collecting sputum sample for AFB from this patient. (15 Marks)

4.2 State five (05) nursing responsibilities, before, during, and after obtaining a urine sample for culture and ABST from this patient. (15 Marks)

4.3 Outline three (03) legal and two (02) ethical implications when taking specimen samples from patients. (15 Marks)

4.4 State two (05) important points, when documenting specimen, send to the laboratory.

(05 Marks)

(Total 50 Marks)

Question No: 05

A thirty-year (30) old female patient was admitted to the medical ward with fever and sore throat. The patient was suspected of having COVID 19 and kept in a separate room.

5.1Describe briefly the reason for considering COVID 19 as a 'pandemic' disease.

(10 Marks)
5.2 State six (06) steps of the infection chain.
5.3 Describe briefly the droplet and contact precautions you would take for this patient. (20 Marks)

5.4 List five (05) supportive nursing actions you would take for this patient.

(10 Marks)

(Total 50 Marks)

Question No:06

A 55- year (55) old farmer was admitted to the ward for minor surgery of his leg. Just after the second day of the surgery, the surgeon instructed to ambulate the patient.

| 6.1 Define the term 'ambulation'. | (10 Marks) |
|--|--------------------------|
| 6.2 State five (05) advantages related to the ambulation of this patient. | (15 Marks) |
| 6.3 List out three (03) ambulatory devices used for patients. | (09 Marks) |
| 6.4 Outline five (05) assessment measures that you would carry out before ambulating | g this patient. |
| 6.5 Identify three (03) factors that negatively affect the comfort of the patients. | (10 Marks) (06 Marks) |

(Total 50 Marks)