To be completed by the candidate

Index no.
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#### UNIVERSITY OF COLOMBO, SRI LANKA

# FACULTY OF NURSING

# FIRST YEAR EXAMINATION IN NURSING - SEMESTER I - 2017/2018

# FN 1207 Socio-cultural Aspects in Nursing

(Two Hours)

Answer all questions
(This question paper consists of 04 questions and 2 pages)

# **Important Instructions to Candidates**

- Answer Part A and Part B on separate booklets
- If a page or a part of this question paper is not printed, please inform the supervisor immediately.
- Enter Your Index Number on all pages of the answer script.
- STRUCTURED ESSAY TYPE: Write the answers to these questions in separate sheets provided
- Electronic devices capable of storing and retrieving text, including electronic dictionaries and mobile phones are not allowed.

Question Number	Marks
1	
2	
3	
4	
Total	

#### Part A

- 1. (i) What is the link between culture and health?
  - (ii) How do social values and beliefs influence human health? Describe using examples of your own cultural context.
- 2. (i) Briefly explain how social class impact on health
  - (ii) Briefly explain effects of Urbanization on health

#### Part B

# **Question No: 3**

Mr. A. Ganesh 35 year old, Tamil patient from Thalawakele was admitted to a medical ward due to increased blood pressure. He has not been on regular treatment and also he has used to have oily and salty foods due to poor understanding about the disease condition. He is a tea plucker lives with five children, his wife and the parents. Mr. Ganesh and his wife have studied up to grade 5 and grade 3 respectively. The family interactions among the members are not at satisfactory level.

Answer to following questions

3.1. List three (3) types of families based on the relationships among members in the family and briefly describe the type of Mr. Ganesh's family according to your classification

(5 marks)

3.2. Compare the modern family with Mr. Ganesh's family. Give five (5) comparisons

(5 marks)

3.3. State five (5) impacts on this family as a result of his illness

(5 marks)

**3.**4. Describe five (5) roles of the family health nurse in order to meet the needs of Mr. Ganesh family.

(10 marks)

#### Question No: 4

Mrs. Pathima is a 75 year old Muslim lady was, admitted to your due to sudden onset of difficulty in breathing. She has been experiencing difficulties in both knee joints for 5 years. The doctor advised her to take bed rest. She is from urban community, speaks only Muslim language and prefers to have her cultural food.

Answer to following questions.

4.1. Define the term 'Community'

(5 marks)

4.2. Outline five (5) features of urban community

(5 marks)

4.3. State five (5) problems that can be associated with prolong hospitalization of this patient.

(5 marks)

4.4. Write a short note on "Prevention of problems associated with hospitalization". Your answer should focus on above five problems stated in 4.4 (10 marks)